



# Crete's Culinary Sanctuaries

Eco-agritourism programs

CCS is an all-local network of:

- Chefs and artisan food producers
- Sustainable organic farmers
- Rural lodge owners and conservationists
- Historians, mountaineers and many others

We work with residents on action programs to help preserve Crete's cultural and natural heritage for generations to come.

[www.cookingincrete.com](http://www.cookingincrete.com)





What do visitors know about Crete?



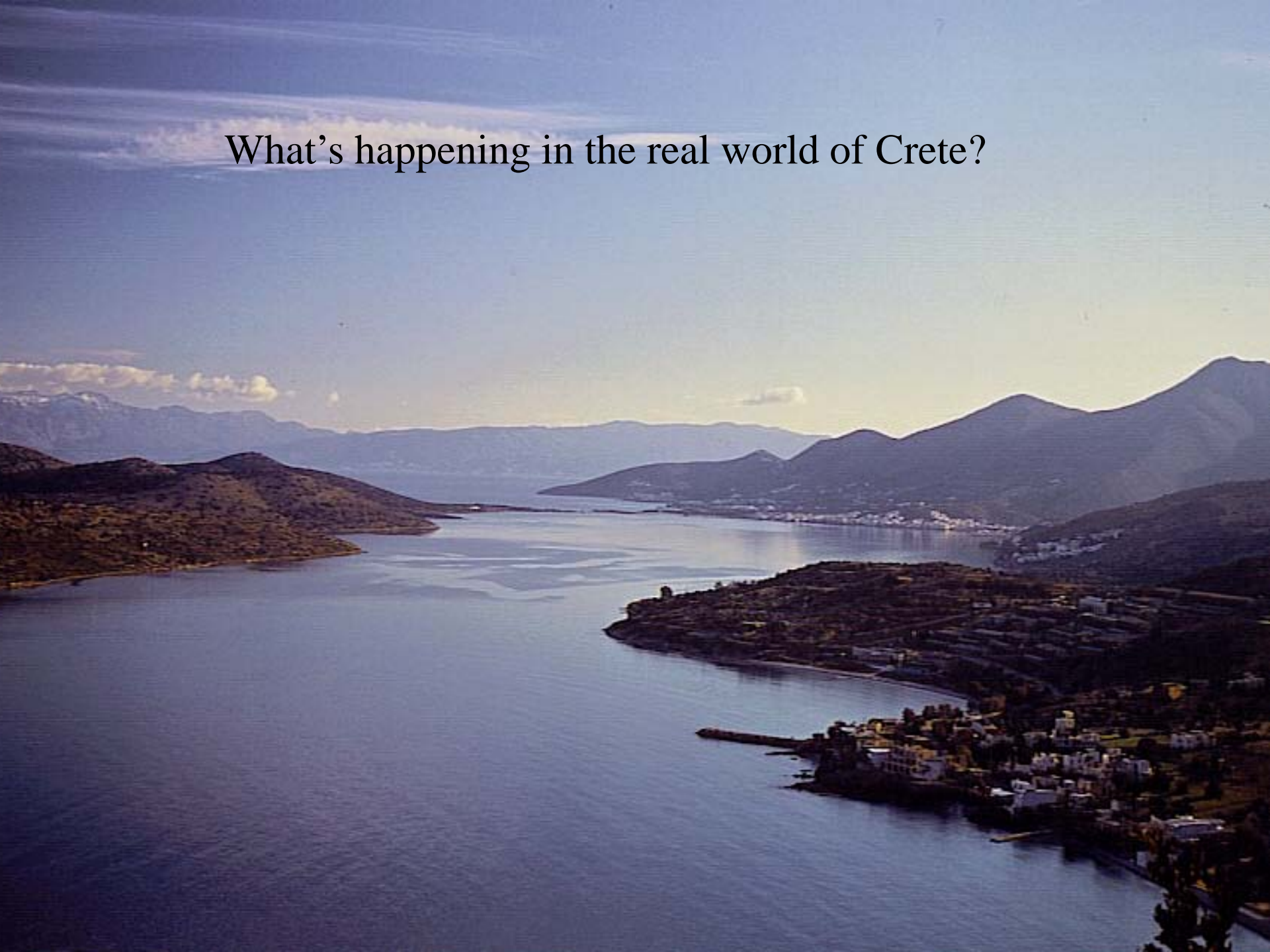






Just 30 years ago, Elounda was a small farming and fishing village; the very reason why travelers enjoyed the region.

What's happening in the real world of Crete?

















The welcoming committee  
...and they do not eat cement























Raki











# Milia Ecolodge







Crete's heritage and natural resources are at risk.

Responsible Travel = Respect, Value, Benefits

- Providing communities with the resources they need to implement programs that work for them

By rekindling interest in Crete's culture and nature, residents and visitors equally benefit from participating in preservation programs

# Crete's Culinary Sanctuaries

## Benefits of cultural immersion experiences

A chance to spend quality time with residents who are knowledgeable and passionate about Crete's culture, natural beauty and traditional cuisine

### Keys to preserving Crete's heritage:

- Strengthen existing action programs
- **D**irect collaboration with communities
- Powerful cultural and natural heritage preservation programs
- Protection of our safe, clean food sources
- Sustainable organic farming training and expansion
- Emphasize the benefits to the local and global community





# **Crete's Culinary Sanctuaries**

[www.cookingincrete.com](http://www.cookingincrete.com)

# Highlights of CCS Seminars



The Minoan Palace at Knossos.  
Note that agricultural production continues beyond the Palace walls.



**Botanical Hike above Heraklion**





**Meze on the Mountain, June 2009 Study Tour**







## **Ross Daly**

Founder of the  
Labyrinth  
Museum and  
Workshop





# Tamiolakis Organic Vineyard











Fabrika Eleni, Venetian-Era  
Olive Oil Factory-Museum







The Village of Vamos  
Community-Based Tourism Project





Biolea Organic Olive Farm and Factory



Yiorgos  
Dimitriadis

Farmer-Producer-  
Innovator

Biolea  
Organic Olive Oil









...on the road to Milia Ecolde











Discussion with Yiorgos, co-founder  
of Milia Ecolodge











**Crete's  
Culinary  
Sanctuaries**

[www.cookingincrete.com](http://www.cookingincrete.com)